

GOSPEL REFLECTION FOR THE FOURTH SUNDAY IN ORDINARY TIME



Lessons to be Learned

How many people, years after their driving test can still hear their driving instructor loud and clear in their mind's ear every time they take a corner, "Slower.... Slower.... Slower... Whoa! Slow it right down!"

A good teacher is very powerful. The words of a good teacher are with us forever. A good teacher opens up our eyes and helps us to understand. A good teacher adds something to our world and changes us forever.

Today Mark tells us how Jesus went into the synagogue and began to teach. He tells us how amazed the people were at how he taught and at the authority in his teachings. His authority was powerful enough to expel demons even. You'll notice that Mark doesn't tell us what Jesus taught but only how he taught and the impression he made. He taught in a way that was to change all our lives. It is testament to his skill as a teacher that news of him spread quickly over the whole region of Galilee.

We do not have the benefit of listening first hand to Jesus' teaching, but it is testament to his authority that we still read his words twenty centuries after he spoke them. There are still demons in our lives, and Jesus' teaching still has the authority to drive them out. There are still lessons to be learned for those who believe Jesus can add something to our world and change us forever.

Bitesize – 'A teacher should have maximal authority, and minimal power.'
~Thomas Szasz



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacon: Rev. Martin Sanderson
Parish Music team: Judy Reid, Kathleen Edmunds & William Preddy.
Parish Safeguarding Representative: Kathleen Edmunds
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Sacred Heart & St Margaret Mary



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Sunday 28th January 2024 – 4th Sunday in Ordinary Time – Year B
[4th Week of the Year, Weekdays Year II, Psalter Week 4]

MASSES in the PARISH		
Saturday 27th January		
18.00	<i>First MASS of Sunday</i>	For the People of the Parish
Sunday 28th January		
09.00	MASS	4th Sunday in Ordinary Time (Racial Justice Day)
11.00	MASS <i>Live streamed</i>	+Thomas Moloney (AM) Thank you to all our friends here at Sacred Heart from Ian & Marion Campbell
Monday 29th January		
10.00	Service of the Word & Holy Communion	Feria
Tuesday 30th January		
10.00	MASS	Feria Jack & Ena Connolly (<i>Foundation Mass</i>)
Wednesday 31st January		
10.00	MASS	St John Bosco E. Maguire (<i>Foundation Mass</i>)
Thursday 1st February		
10.00	MASS & ADORATION	Feria +Anisha Cyriac (CC)
Friday 2nd February		
-	No Mass today	The Presentation of the Lord. Feast. -
Saturday 3rd February		
18.00	<i>First MASS of Sunday</i>	Feria Hannah Jossy (Birthday thanksgiving) (CC)
Sunday 4th February		
09.00	MASS	5th Sunday in Ordinary Time For the People of the Parish
11.00	MASS <i>Live streamed</i>	+Anisha Cyriac (CC)
SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30 EXPOSITION & BENEDICTION: Thursday after Mass		

Rosary & Morning Prayer are said weekdays before Mass from 09:15.

For Live Streamed Masses Search for Dereham Catholic Church on YouTube,
or use the link on the parish website.

The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: Kenneth Rayner, Joe Kennedy, Sheila Christie, Mary Hetherington, Marguerite Eastwell, Reginald Walter Bowles, Enda Perrin, Alice Page, Victor Rawding, Patricia Cox, Patrick Carroll, Alfred Edward Macdonald, English Family, George Maguire, Benjamin Wyand, Stanley Snellgrove, George Gay, Mary Hirst, Joao Costa. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Shirley Liebenhals, Derek Williams, Patsy Gray, Colette Barrow-Nessian, Betty Reavey, William Dunne, Pauline Buckland, Gretta Cummings, Katherine Vella, Pauline Organ, Kevin Pugh, Joy Bussey.

Money Matters: Sunday Offerings (Plate) for 7th January: £470.37; 14th January: £316.63; and 21st January: £304.00. Thank you. Offertory by Standing Order for December 2023 totalled £2,291.00, of which £572.75 went to the Parish Priest as directed by the Diocese.

130 Club Draw for January 2024 - 1st Prize £20 – Ticket No. 26, Mad Knight; 2nd Prize £15 – Ticket No. 183, Andrew Cwieczek; 3rd Prize £10 – Ticket No. 121, Colette Barrow-Nessian; 4th Prize £10 – Ticket No. 62, Helen Wood; 5th Prize £10 – Ticket No. 61, Kevin Carroll.

130 Club Renewals for 2024 - Would members please collect their renewal envelopes from the letter rack in the Church entrance. There are tickets available and if anyone would like to take up one or more of these, please either contact Marcia by email on marciaslee@hotmail.com or by phone or message on 07786914478. Marcia can explain about the Club, which is a worthwhile fundraiser for the Parish. Members are kindly asked to ensure that their renewals are returned as quickly as possible and **by no later than Sunday 17th March.** Thank you.

Appeal in Support of Lepra for World Leprosy Day (Lepa) – This takes place this weekend (27th & 28th January) as we support the total eradication of leprosy in the world. Details can be found on the notice board.



The Parish would like to thank Marion and Ian Campbell for all their help and contributions through the years as they move to Cornwall this week. Their generosity and service to the Parish will leave a print in our hearts. **A simple farewell party is prepared for the couple at 1800 and 1100 Masses this Sunday.**

Also, we thank Jan and Peter Duffield, Helen Wood, Ian and Marion Campbell and all those who helped in the restoration of the Church's Decoration; and for the Church's decoration in the past weeks we thank the Flower Ladies.

Parish Events for the week 28th January – 3rd February	
Sunday: 1100	Children's Liturgy (for children <i>in Y1 to 1st Holy Communion age</i>)
Tuesday: 1900	Youth Club Chess & Table Tennis – Emmaus Room.
Thursday: 1730-1830	First Communion Class – Emmaus Room
Friday Garden Club – Volunteers are asked to please contact Sonia on 07985 521578 for next meeting date.	

Lent 2024

- **Walk With Me: A Journey of Prayer for Lent 2024** - This year's Walk With Me booklets are now available for a £1 a copy at the back of the Church. Bishop Peter Collins has written the Introduction specific to the Diocese.
- **CAFOD Family Fast Day on the 25th February** - Please, take CAFOD envelopes as they are now available at the back of the Church.
- **Second Collection for our Flowers in the Church** - This takes place on the 17th – 18th February as this will be used to decorate the Church during Easter Sunday.
- **Friday Stations of the Cross** - Starting on the 16th February at 1730, our Friday Stations of the Cross will be led by different Parish Committees. At the back of the Church, a form is provided for the dates.
- **Ash Wednesday Mass Times** - On the 14th February, Masses will be at 1000 and 1900.
- **House Masses in Lent** - During the Wednesdays of Lent, we shall be having house Mass at 1900 starting on the 21st February to 6th March. Please, fill the form provided at the back of the Church if you want the Mass to take place at your house as you can invite friends or co-parishioners living within your area. Tea and coffee after the Mass is suggested.

Women's World Day of Prayer: Friday, 1st March 2024 – Women's World Day of Prayer is an international, inter-church organisation led by women which enables us to hear the thoughts of those women from all parts of the world: their hopes, concerns, and prayers. This year's theme is **'I beg you, bear with one another in love'** and comes from the Christian Women of Palestine. **In Dereham, the service this year is being hosted here at Sacred Heart Church at 2.00 p.m. on Friday, 1st March.** For further information, visit www.wwdp.org.uk. Help will be needed on the day with volunteers for two readings, welcome to hand out order of service, refreshments after the service and for a collection and to count afterwards. If you can assist in any way, please email Judy Reid at judybreid@gmail.com

Church Cleaning – Volunteers are needed to fill vacancies in the church cleaning team on a 7-week rota. Please email Catherine Perkins at scarning19@talktalk.net if you can help. Thank you.